Learning Style Survey for Young Learners:
Assessing Your Own Learning Styles
Andrew D. Cohen & Rebecca L. Oxford (2001)

Purpose:
The Learning Style Survey for Young Learners is designed to assess your general approach to learning. It does not predict your behavior in every instance, but it is a clear indication of your overall style preferences.

Instructions:
For each item, circle the response that best matches your approach. Complete all items. When you read the statements, try to think about what you generally do when learning.

For each item, circle your immediate response:
⊗⊗⊗ = Often or always (3 pts)
⊗⊗ = Sometimes (2 pts)
⊗ = Never or rarely (1 pt)

Part 1: How I use my physical senses
I remember something better if I write it down. ⊗⊗⊗ ⊗⊗ ⊗
When I listen, I see pictures, numbers, or words in my head. ⊗⊗⊗ ⊗⊗ ⊗
I highlight the text in different colors when I read. ⊗⊗⊗ ⊗⊗ ⊗
I need written directions for tasks. ⊗⊗⊗ ⊗⊗ ⊗
I have to look at people to understand what they say. ⊗⊗⊗ ⊗⊗ ⊗
I understand talks better when the speaker writes on the board. ⊗⊗⊗ ⊗⊗ ⊗
Charts, diagrams, and maps help me understand what someone says. ⊗⊗⊗ ⊗⊗ ⊗

A - Total ______

I remember things better if I discuss them with someone. ⊗⊗⊗ ⊗⊗ ⊗
I like for someone to give me the instructions out loud. ⊗⊗⊗ ⊗⊗ ⊗
I like to listen to music when I study. ⊗⊗⊗ ⊗⊗ ⊗
I can understand what people say even when I cannot see them. ⊗⊗⊗ ⊗⊗ ⊗
I easily remember jokes that I hear. ⊗⊗⊗ ⊗⊗ ⊗
I can tell who a person is just by their voices (e.g., on the phone). ⊗⊗⊗ ⊗⊗ ⊗
When I turn on the TV, I listen to the sound more than I watch the screen. ⊗⊗⊗ ⊗⊗ ⊗

B - Total ______

I just start to do things, rather than paying attention to the instructions. ⊗⊗⊗ ⊗⊗ ⊗
I need to take breaks a lot when I study. ⊗⊗⊗ ⊗⊗ ⊗
I need to eat something when I read or study. ⊗⊗⊗ ⊗⊗ ⊗
If I have a choice between sitting and standing, I'd rather stand. ⊗⊗⊗ ⊗⊗ ⊗
I get nervous when I sit still too long.  
I think better when I move around (e.g., pacing or my tapping feet).  
I play with or bite on my pens during talks.  
I move my hands a lot when I speak.  
I draw lots of pictures in my notebook during class.  

Part 2: How I expose myself to learning situations  
I learn better when I study with others than by myself.  
I meet new people easily by jumping into the conversation.  
I learn better in the classroom than with a private tutor.  
It is easy for me to talk to strangers.  
Talking with lots of other students in class gives me energy.  

Part 3: How I approach tasks  
1. I like to plan language study sessions carefully and do lessons  
on time or early.  
2. My class notes, handouts, and other materials are carefully organized.  
3. I like to be certain about what things mean in the target language.  
4. I like to know how to use grammar rules and why I need to use them.  

Part 4: How I receive information  
1. I prefer short and simple answers rather than long explanations.  
2. I don't pay attention to details if they don't seem important to the task.  
3. It is easy for me to see the overall plan or big picture.
4. I get the main idea, and that's enough for me.

5. When I tell a story, I forget lots of details.

6. I need specific examples in order to understand fully.

7. I pay attention to specific facts or information.

8. I'm good at catching new phrases or words when I hear them.

9. I enjoy activities where I fill in the blank with missing words I hear.

10. When I tell a joke, I remember the details, but forget the punch line.

A - Total ______

B - Total ______

Understanding your Totals
Once you have totaled your points, write the results on the blanks below. Circle the higher number in each part. If they are close, circle both and read about your learning styles on the next page.

Part 1:
A _____ Visual
B _____ Auditory
C _____ Tactile/Kinesthetic

Part 2:
A _____ Extroverted
B _____ Introverted

Part 3:
A _____ Closure-Oriented
B _____ Open-Oriented

Part 4:
A _____ Global
B _____ Particular